



Iron Angel

9/30/2018

Results

5k Run

PLACE ALL	FINISH TIME	BIB#	NAME	RESIDENCE	CATEGORY	PLACE IN:		Age Adjusted		
						Gender	Group	Pace	Time	%
1	0:18:50	186	Urban, Shane	Victor	NY Males 15-19	1/	74 / 4	06:05	0:18:41	69.56%
2	0:18:57	8	Blodgett, Matt	Fairport	NY Males 40-44	2/	74 / 13	06:07	0:17:49	72.82%
3	0:19:29	159	Gage, Marcus	Palmyra	Males 45-49	3/	74 / 9	06:17	0:17:40	73.48%
4	0:19:39	164	Howard, Kevin	Rochester	NY Males 25-29	4/	74 / 2	06:20	0:19:37	66.16%
5	0:19:51	147	Johnson White,	Fairport	Female 35-39	1/	72 / 15	06:24	0:19:36	75.40%
6	0:19:56	185	Byler, Trisha	Honeoye Falls	NY Female 30-34	2/	72 / 3	06:26	0:19:51	74.41%
7	0:20:02	7	Blodgett, Karen	Fairport	NY Female 40-44	3/	72 / 10	06:28	0:19:16	76.62%
8	0:20:36	146	Johnson, Chad	Fairport	Males 40-44	5/	74 / 13	06:39	0:19:14	67.48%
9	0:20:47	170	Reilly, Bryan	Fairport	NY Males 30-34	6/	74 / 1	06:42	0:20:27	63.51%
10	0:20:51	167	Hansen, Jennie	Rochester	NY Female 30-34	4/	72 / 3	06:44	0:20:46	71.14%
11	0:21:19	95	Polino, Jeff	Fairport	NY Males 40-44	7/	74 / 13	06:53	0:19:54	65.21%
12	0:21:30	91	Novick, Kiki	Rochester	NY Female 35-39	5/	72 / 15	06:56	0:21:22	69.15%
13	0:22:18	174	Johnson, Derek	Penfield	NY Males 15-19	8/	74 / 4	07:12	0:21:33	60.31%
14	0:22:29	166	Farrell, John	Fairport	NY Males 45-49	9/	74 / 9	07:15	0:19:56	65.09%
15	0:22:33	173	Valladures, Michael	Penfield	NY Males 15-19	10/	74 / 2	07:16	0:21:47	59.65%
16	0:22:57	73	Kloiber, Ilsa	Victor	NY Female 15-19	6/	72 / 4	07:24	0:21:51	67.61%
17	0:23:29	114	Slebodnik, Robert	Pittsford	NY Males 60-64	11/	74 / 4	07:35	0:18:47	69.13%
18	0:23:33	92	Nowakowski, Gregory	Rochester	NY Males 50-54	12/	74 / 9	07:36	0:20:44	62.63%
19	0:23:39	1	Barkau, Greg	Penfield	NY Males 35-39	13/	74 / 6	07:38	0:22:33	57.58%
20	0:23:49	180	Watt, Aidan	Fairport	NY Males 10-14	14/	74 / 11	07:41	0:21:26	60.60%
21	0:23:59	2	Barno, Gary	Rochester	NY Males 55-59	15/	74 / 4	07:44	0:19:49	65.53%
22	0:24:21	49	Giess, Christine	Victor	NY Female 50-54	7/	72 / 9	07:51	0:21:46	67.83%
23	0:24:25	85	Mckinley, Paul	Penfield	NY Males 55-59	16/	74 / 2	07:53	0:20:21	63.82%
24	0:24:39	105	Samis, Karen	Le Roy	NY Female 50-54	8/	72 / 9	07:57	0:21:33	68.49%
25	0:24:42	65	Kaiser, Cody	Fairport	NY Males 10-14	17/	74 / 2	07:58	0:22:53	56.82%
26	0:24:48	90	Natale, John	Fairport	NY Males 50-54	18/	74 / 9	08:00	0:21:50	59.48%
27	0:24:53	41	Frazer, Bill	Lake Placid	NY Males 35-39	19/	74 / 6	08:02	0:23:44	54.72%
28	0:24:53	42	Frazer, Melinda	Lake Placid	NY Female 35-39	9/	72 / 15	08:02	0:24:28	60.35%
29	0:25:04	130	Wilson, Keith	Fairport	NY Males 60-64	20/	74 / 2	08:05	0:19:53	65.29%
30	0:25:24	119	Surowiec, Ilianna	Ontario	NY Female 10-14	10/	72 / 6	08:12	0:22:11	66.54%
31	0:25:27	120	Taranto, Michael	Fairport	NY Males 10-14	21/	74 / 3	08:13	0:22:55	56.71%
32	0:25:34	189	Page, Kevin	Fairport	NY Males 35-39	22/	74 / 3	08:15	0:25:02	51.89%
33	0:25:46	18	Clark, Susan	Fairport	NY Female 30-34	11/	72 / 3	08:19	0:25:44	57.37%
34	0:25:47	84	Mckinley, Barbara	Penfield	NY Female 55-59	12/	72 / 1	08:19	0:21:17	69.36%
35	0:25:49	154	Tanoorey, Olivia	Canandaigua	Female 10-14	13/	72 / 6	08:20	0:24:08	61.14%
36	0:25:49	169	Farmer, Andrew	Avon	NY Males 45-49	23/	74 / 9	08:20	0:23:25	55.46%
37	0:26:10	12	Brown, Jacob	Fairport	NY Males 10-14	24/	74 / 4	08:26	0:24:14	53.63%
38	0:26:18	96	Polino, Tiffany	Fairport	NY Female 40-44	14/	72 / 10	08:29	0:24:55	59.25%
39	0:26:24	52	Guth, Cheryl	Rochester	NY Female 60-64	15/	72 / 5	08:31	0:20:00	73.80%
40	0:26:25	157	Grew, Dale	Victor	Males 55-59	25/	74 / 3	08:31	0:21:39	59.94%
41	0:26:31	72	Klein, Jacey	Fairport	NY Males 35-39	26/	74 / 6	08:33	0:25:49	50.28%
42	0:26:32	30	Deweaver, Douglas	Rochester	NY Males 60-64	27/	74 / 3	08:34	0:21:24	60.68%
43	0:26:47	118	Stelluto, Vince	Fairport	NY Males 50-54	28/	74 / 3	08:38	0:23:24	55.51%
44	0:26:53	182	Monacelli, Dominic	Victor	NY Males 40-44	29/	74 / 3	08:40	0:25:28	51.02%

5k Run

PLACE ALL	FINISH TIME	BIB#	NAME	RESIDENCE	CATEGORY	PLACE IN:			Age Adjusted		
						Gender	Group	Pace	Time	%	
45	0:27:11	94	Peiris, Triston	Pittsford	NY Males 20-24	30/ 74	1/ 1	08:46	0:27:11	47.76%	
46	0:27:35	110	Secor, Matthew	Cicero	NY Males 10-14	31/ 74	5/ 11	08:54	0:24:50	52.33%	
47	0:27:36	168	Hodges, Judy	Rochester	NY Female 50-54	16/ 72	3/ 9	08:54	0:23:36	62.56%	
48	0:27:42	64	Jwaskiewicz, Sara	Fairport	NY Female 35-39	17/ 72	3/ 15	08:56	0:27:14	54.21%	
49	0:27:42	63	Jwaskiewicz, Michael	Fairport	NY Males 40-44	32/ 74	4/ 13	08:56	0:26:14	49.52%	
50	0:27:56	153	Tanoorey, Jack	Canandaigua	Males 10-14	33/ 74	6/ 11	09:01	0:25:09	51.67%	
51	0:27:58	87	Murdock, Scott	Rochester	NY Males 45-49	34/ 74	3/ 9	09:01	0:25:11	51.55%	
52	0:28:10	70	Kaub, Peter	Fairportport	NY Males 40-44	35/ 74	5/ 13	09:05	0:26:41	48.70%	
53	0:28:10	69	Kaub, Jack	Fairportport	NY Males 10-14	36/ 74	7/ 11	09:05	0:23:33	55.15%	
54	0:28:16	27	Dechick, Mark	Fairport	NY Males 50-54	37/ 74	4/ 9	09:07	0:24:53	52.18%	
55	0:28:17	121	Thompson, Richard	Rochester	NY Males 45-49	38/ 74	4/ 9	09:07	0:25:05	51.74%	
56	0:28:33	28	Decker, Katie	Rochester	NY Female 35-39	18/ 72	4/ 15	09:13	0:28:04	52.60%	
57	0:28:35	117	Steinmetz, Pamela	Ontario	NY Female 60-64	19/ 72	2/ 5	09:13	0:22:46	64.84%	
58	0:28:38	101	Robin, Ashley	North Chili	NY Female 25-29	20/ 72	1/ 3	09:14	0:28:38	51.57%	
59	0:28:41	79	Lutzer, Christie	Fairport	NY Female 45-49	21/ 72	1/ 10	09:15	0:26:43	55.26%	
60	0:28:51	80	Lutzer, Juliana	Fairport	NY Female 15-19	22/ 72	2/ 4	09:18	0:27:56	52.86%	
61	0:28:52	103	Russo, Jillian	Fairport	NY Female 15-19	23/ 72	3/ 4	09:19	0:27:57	52.83%	
62	0:29:01	175	Klueber, Carrie	Pittsford	NY Female 35-39	24/ 72	5/ 15	09:22	0:28:39	51.58%	
63	0:29:23	179	Watt, Leanna	Fairport	NY Female 35-39	25/ 72	6/ 15	09:29	0:29:00	50.94%	
64	0:29:35	183	Nichting, Mike	Rochester	NY Males 50-54	39/ 74	5/ 9	09:33	0:25:27	51.04%	
65	0:29:38	44	Gabriel, Heather	Pittsford	NY Female 40-44	26/ 72	2/ 10	09:34	0:28:05	52.59%	
66	0:29:59	163	Myers, Keith	Rochester	NY Males 50-54	40/ 74	6/ 9	09:40	0:26:11	49.58%	
67	0:30:20	190	Havens, Jeremy	Fairport	NY Males 45-49	41/ 74	5/ 9	09:47	0:27:18	47.53%	
68	0:30:20	56	Havens, Taylor	Fairport	NY Female 15-19	27/ 72	4/ 4	09:47	0:28:53	51.15%	
69	0:30:24	61	Herrick, Jeanne	Pittsford	NY Female 65-69	28/ 72	1/ 1	09:48	0:22:09	66.67%	
70	0:30:39	112	Shannon, Ryan	Livonia	NY Female 35-39	29/ 72	7/ 15	09:53	0:30:22	48.61%	
71	0:30:39	47	Gaudino, Jennifer	Rochester	NY Female 45-49	30/ 72	2/ 10	09:53	0:28:48	51.28%	
72	0:30:52	192	Barrett, Connor	Fairport	NY Males 10-14	42/ 74	8/ 11	09:57	0:28:35	45.46%	
73	0:30:52	58	Hedges, Stephen	Rochester	NY Males 65-69	43/ 74	1/ 3	09:57	0:23:12	55.99%	
74	0:31:01	115	Smith, Jennifer	Conesus	NY Female 35-39	31/ 72	8/ 15	10:00	0:30:30	48.41%	
75	0:31:20	151	Riley, James	Fairport	Males 60-64	44/ 74	4/ 4	10:06	0:25:03	51.81%	
76	0:31:39	131	Wimer, Daniel	Fairport	NY Males 65-69	45/ 74	2/ 3	10:13	0:24:40	52.61%	
77	0:31:41	50	Gould, Olivia	Fairport	NY Female 10-14	32/ 72	3/ 6	10:13	0:28:23	52.03%	
78	0:31:42	81	Maltese, Andrew	Fairport	NY Males 50-54	46/ 74	7/ 9	10:14	0:27:41	46.90%	
79	0:31:47	93	Otto, Bob	Rochester	NY Males 70 and ov	47/ 74	1/ 5	10:15	0:20:22	63.77%	
80	0:31:55	99	Riley, Anne	Fairport	NY Female 60-64	33/ 72	3/ 5	10:18	0:24:48	59.53%	
81	0:31:55	122	Tuthill, Nora	Fairport	NY Female 50-54	34/ 72	4/ 9	10:18	0:27:36	53.52%	
82	0:32:04	38	Ferguson, Russell	Fairport	NY Males 45-49	48/ 74	6/ 9	10:21	0:28:39	45.32%	
83	0:32:04	37	Ferguson, Brodie	Fairport	NY Males 15-19	49/ 74	3/ 4	10:21	0:32:04	40.49%	
84	0:32:07	181	Galetic, Don	Spencerport	NY Males 65-69	50/ 74	3/ 3	10:22	0:24:49	52.31%	
85	0:32:07	13	Bruno, Jennifer	Fairport	NY Female 20-24	35/ 72	1/ 2	10:22	0:32:07	45.98%	
86	0:32:08	48	Giancola, Hannah	Rochester	NY Female 20-24	36/ 72	2/ 2	10:22	0:32:08	45.95%	
87	0:32:24	106	Sanger, Keith	Rochester	NY Males 55-59	51/ 74	4/ 4	10:27	0:27:26	47.33%	
88	0:32:37	184	Bodewes, Christina	Pittsford	NY Female 45-49	37/ 72	3/ 10	10:31	0:30:05	49.05%	
89	0:32:46	158	Mccoy, Monica	Fairport	Female 45-49	38/ 72	4/ 10	10:34	0:30:31	48.37%	
90	0:33:03	140	Udovich, Donyel	Fairport	Female 40-44	39/ 72	3/ 10	10:40	0:31:19	47.15%	
91	0:33:22	108	Secor, Isabella	Cicero	NY Female 9 and un	40/ 72	1/ 2	10:46	0:27:28	53.75%	
92	0:33:25	111	Secor, Maura	Cicero	NY Female 40-44	41/ 72	4/ 10	10:47	0:32:20	45.64%	
93	0:33:27	6	Beck, Paige	Fairport	NY Female 25-29	42/ 72	2/ 3	10:47	0:33:27	44.15%	
94	0:33:40	71	Kieffer, Melissa	Clifton Springs	NY Female 35-39	43/ 72	9/ 15	10:52	0:33:14	44.46%	

5k Run

PLACE ALL	FINISH TIME	BIB#	NAME	RESIDENCE	CATEGORY	PLACE IN:			Age Adjusted	
						Gender	Group	Pace	Time	%
95	0:33:41	46	Garrity, Kara	Rochester	NY Female 40-44	44/ 72	5/ 10	10:52	0:32:23	45.57%
96	0:33:42	176	Garrity, Ava	Rochester	NY Female 10-14	45/ 72	4/ 6	10:52	0:29:26	50.15%
97	0:33:56	100	Ring, Amy	Penfield	NY Female 45-49	46/ 72	5/ 10	10:57	0:31:36	46.71%
98	0:33:57	77	Kurz, Louise	Penfield	NY Female 50-54	47/ 72	5/ 9	10:57	0:30:01	49.19%
99	0:33:58	15	Butler, Thomas	Rochester	NY Males 50-54	52/ 74	8/ 9	10:57	0:29:13	44.46%
100	0:33:59	97	Reisig, Susan	Rochester	NY Female 45-49	48/ 72	6/ 10	10:58	0:31:21	47.08%
101	0:34:03	88	Murphy, Matthew L	Rochester	NY Males 35-39	53/ 74	5/ 6	10:59	0:32:42	39.70%
102	0:34:05	124	Van Patten, Marcelle	Fairport	NY Female 50-54	49/ 72	6/ 9	11:00	0:30:28	48.46%
103	0:34:27	125	Van Patten, Ron	Fairport	NY Males 45-49	54/ 74	7/ 9	11:07	0:31:15	41.56%
104	0:34:32	150	Martin, Chuck	Marion	Males 70 and ov	55/ 74	2/ 5	11:08	0:25:02	51.88%
105	0:34:44	191	Havens, Luke	Fairport	NY Males 10-14	56/ 74	9/ 11	11:12	0:32:10	40.40%
106	0:34:52	60	Helman, Joyce	Rochester	NY Female 60-64	50/ 72	4/ 5	11:15	0:26:45	55.21%
107	0:34:58	187	Tanoory, Kara	Canandaigua	NY Female 40-44	51/ 72	6/ 10	11:17	0:33:23	44.23%
108	0:35:00	9	Boyum, Eric	Fairport	NY Males 40-44	57/ 74	6/ 13	11:17	0:32:27	40.00%
109	0:35:03	23	Crumpler, Ken	Rochester	NY Males 40-44	58/ 74	7/ 13	11:18	0:32:29	39.94%
110	0:35:05	128	Wang, Wenjia	Rochester	NY Female 35-39	52/ 72	10/ 15	11:19	0:34:45	42.47%
111	0:35:11	193	Barrett, Angelina	Fairport	NY Female 10-14	53/ 72	5/ 6	11:21	0:32:15	45.81%
112	0:35:15	43	Fromm, Amy	North Chili	NY Female 45-49	54/ 72	7/ 10	11:22	0:32:50	44.96%
113	0:35:16	83	May, Matt	Fairport	NY Males 40-44	59/ 74	8/ 13	11:23	0:32:27	39.98%
114	0:35:19	188	Martin, Jason	Fairport	NY Males 40-44	60/ 74	9/ 13	11:24	0:32:30	39.92%
115	0:35:31	29	Dedoszak, Jennifer	Fairport	NY Female 45-49	55/ 72	8/ 10	11:27	0:33:05	44.63%
116	0:35:58	76	Krusch, Stephanie	Pittsford	NY Female 25-29	56/ 72	3/ 3	11:36	0:35:58	41.06%
117	0:36:02	102	Rose, Elizabeth	Fairport	NY Female 35-39	57/ 72	11/ 15	11:37	0:35:34	41.54%
118	0:36:12	35	Dziedzic, Josh	Fairport	NY Males 40-44	61/ 74	10/ 13	11:41	0:33:19	38.95%
119	0:36:13	36	Dziedzic, Will	Fairport	NY Males 9 and und	62/ 74	1/ 2	11:41	0:28:54	44.96%
120	0:36:21	62	Herrmann, Suzanne	Buffalo	NY Female 35-39	58/ 72	12/ 15	11:44	0:35:53	41.17%
121	0:36:39	10	Boyum, Frazer	Fairport	NY Males 10-14	63/ 74	10/ 11	11:49	0:33:57	38.29%
122	0:36:41	177	Walker, Michael	Fairport	NY Males 35-39	64/ 74	6/ 6	11:50	0:35:42	36.35%
123	0:36:41	178	Walker, Melissa	Fairport	NY Female 35-39	59/ 72	13/ 15	11:50	0:36:20	40.62%
124	0:36:59	54	Haskins, Jennifer	Fairport	NY Female 35-39	60/ 72	14/ 15	11:56	0:36:11	40.78%
125	0:37:27	152	Tanoorey, Jason	Canandaigua	Males 40-44	65/ 74	11/ 13	12:05	0:34:58	37.12%
126	0:38:34	55	Havens, Kristin	Fairport	NY Female 45-49	61/ 72	9/ 10	12:26	0:35:55	41.10%
127	0:38:34	194	Havens, Jake		NY Males 10-14	66/ 74	11/ 11	12:26	0:32:15	40.28%
128	0:38:57	5	Bauman-o'dell, Marian	Rochester	NY Female 60-64	62/ 72	5/ 5	12:34	0:29:53	49.42%
129	0:39:46	143	Abell, Deborah	Fairport	Female 50-54	63/ 72	7/ 9	12:50	0:35:09	41.99%
130	0:40:37	33	Dziedzic, Becky	Fairport	NY Female 40-44	64/ 72	7/ 10	13:06	0:39:03	37.79%
131	0:40:37	34	Dziedzic, Claire	Fairport	NY Female 10-14	65/ 72	6/ 6	13:06	0:36:23	40.58%
132	0:40:49	165	White, Brian	Rochester	NY Males 45-49	67/ 74	8/ 9	13:10	0:36:28	35.61%
133	0:41:02	51	Guidice, Michelle	Webster	NY Female 50-54	66/ 72	8/ 9	13:14	0:36:16	40.70%
134	0:41:15	144	Mahajilov, Igor	Pittsford	Males 70 and ov	68/ 74	3/ 5	13:18	0:21:42	59.80%
135	0:41:34	172	Alvin, Laura	Fairport	NY Female 50-54	67/ 72	9/ 9	13:25	0:37:09	39.74%
136	0:41:35	171	Alvin, Jack		NY Males 9 and und	69/ 74	2/ 2	13:25	0:33:12	39.16%
137	0:41:50	109	Secor, Matthew	Cicero	NY Males 40-44	70/ 74	12/ 13	13:30	0:38:47	33.47%
138	0:42:58	31	Dimitrova, Miroslava	Rochester	NY Female 40-44	68/ 72	8/ 10	13:52	0:41:19	35.73%
139	0:43:04	75	Kriesen, Carolyn	Webster	NY Female 70 and o	69/ 72	1/ 1	13:54	0:28:02	52.67%
140	0:46:06	14	Burns, Elizabeth	Rochester	NY Female 45-49	70/ 72	10/ 10	14:52	0:42:56	34.38%
141	0:46:51	141	Urban, Al	Victor	Males 50-54	71/ 74	9/ 9	15:07	0:40:17	32.23%
142	0:47:16	133	Wolcott, Sheryl	Fairport	NY Female 40-44	71/ 72	9/ 10	15:15	0:45:45	32.26%
143	0:47:16	132	Wolcott, Aubre	Fairport	NY Female 9 and un	72/ 72	2/ 2	15:15	0:37:36	39.28%
144	0:49:27	104	Sabatine, Charles	Victor	NY Males 70 and ov	72/ 74	4/ 5	15:57	0:26:56	48.23%

5k Run

<i>PLACE ALL</i>	<i>FINISH TIME</i>	<i>BIB#</i>	<i>NAME</i>	<i>RESIDENCE</i>	<i>CATEGORY</i>	<i>PLACE IN:</i>		<i>Age Adjusted</i>			
						<i>Gender</i>	<i>Group</i>	<i>Pace</i>	<i>Time</i>	<i>%</i>	
145	0:53:13	135	Dee, Michael	East Syracuse	NY	Males 25-29	73/ 74	2/ 2	17:10	0:53:13	24.40%
146	1:01:15	89	Murphy, William	Rochester	NY	Males 70 and ov	74/ 74	5/ 5	19:45	0:45:32	28.52%

Kids Timed Mile

PLACE ALL	FINISH TIME	BIB#	NAME	RESIDENCE	CATEGORY	PLACE IN:		Age Adjusted		
						Gender	Group	Pace	Time	%
1	0:07:20	160	Hansen, Madison	Fairport	Girls 9-12	1/4	1/3	07:20	0:06:11	67.80%
2	0:10:30	139	Malloy, Madelyn	Fairport	NY Girls 6-8	2/4	1/1	10:30	0:08:17	50.64%
3	0:10:31	145	Udovich, Brooke	Fairport	Girls 9-12	3/4	2/3	10:31	0:09:07	45.96%
4	0:11:05	138	Malloy, Helena	Fairport	NY Girls 9-12	4/4	3/3	11:05	0:09:37	43.61%